The 700 islands that make up the Bahamas holds a special magic found nowhere else in the world – & the crystal clear waters that surround these islands are perfect for leisure swims, scuba diving, & every type of water sport. Nassau is known for its casinos, Junkanoo festival, duty-free shopping & exotic adventures. Experience a new level of luxury at the most elegant all-inclusive resort. Sandals Royal Bahamian is a blend of European sophistication with an exotic offshore island adventure. This beach resort offers two sky-sized pools overlooking the emerald sea, 5-Star Global Gourmet™ dining at 10 specialty restaurants, & an award-winning Red Lane® Spa. Experience the royal treatment at this glamorous adults-only resort featuring the all-new River Pool Swim-up Suites with butler service, & two pristine white-sand beaches.
REGISTRATION/RESERVATION FEE INCLUDES:

- Accommodations for 2 in a Luxury Level Room
- All Conference & CE Fees
- 2 Beach Receptions
- 2 Group Buffet Breakfast
- 2 Group Refreshment Breaks
- 8 Bars Serving Unlimited Premium Alcohol & Beverages
- Unlimited Dining at any of the 10 Specialty Restaurants
- Anytime Snacks
- 2 Pools w/ 2 swim up bars
- 4 Whirlpools
- Unlimited Land & Water Sports
  - Including Scuba Diving for Certified Divers, Sailboats, Snorkeling, Windsurfing, Paddle Boarding, Hydrobikes, Canoes, Kayaks, Waterskiing, Tubing, Tennis, Volleyball, Fitness Center, etc.
- Full Service Spa*
- Free Round Trip Airport Transfers
- Free Basic Wi-Fi
- Nightly Entertainment
- All Hotel Gratuities & Taxes
- Hotel Porterage

*Denotes Surcharge

AIRFARE NOT INCLUDED IN ALL INCLUSIVE RATE

Schedule of Events

THURSDAY OCTOBER 1
5:45 pm – 6:45 pm  WELCOME BEACH RECEPTION

FRIDAY OCTOBER 2
7:45 am – 8:15 am  REGISTRATION AND BUFFET BREAKFAST
8:15 am – 8:30 am  WELCOME AND PROMOTIONAL SPEAKER (15 min.)
8:30 am – 10:30 am  GLAUCOMA UPDATE - Jim Thimons, O.D., FAAO (2 Hrs. COPE CE)
  This course will highlight the latest developments in glaucoma, including diagnostic technology, pharmaceutical development and therapeutic intervention. Special emphasis will be placed on the implementation of these advances into the primary care practice.

10:30 am – 10:45 am  REFRESHMENT BREAK & PROMOTIONAL SPEAKER (15 min.)
10:45 am – 12:45 pm  ADVANCES IN ANTERIOR SEGMENT MEDICAL AND SURGICAL THERAPY - Jim Thimons, O.D., FAAO (2 Hrs. COPE CE)
  This course provides the optometric physician with the most current information on the advances made in medical and surgical management of anterior segment conditions and diseases. Includes the diagnosis, treatment and management of those diseases.

12:45 pm  FREE TIME FOR FUN IN THE SUN
5:45 pm – 6:45 pm  BEACH RECEPTION

SATURDAY OCTOBER 3
7:45 am – 8:15 am  REGISTRATION AND BUFFET BREAKFAST
8:15 am – 8:30 am  WELCOME AND PROMOTIONAL SPEAKER (15 min.)
8:30 am – 9:30 am  DEMODEX ANNIHILATING THOSE LITTER BUGGERS – Alan Glazier, O.D. (1 Hr. COPE CE)
  D folliculorum all stages is found in small hair follicles and eyelash hair follicles and has been implicated in dry eye syndrome, eye and eyelid irritation and even rosacea. Treatment of demodex is rapidly becoming a part of daily optometric care for patients with symptoms of eye irritation.

9:30 am – 10:30 am  MYOPIA CONTROL – Alan Glazier, O.D. (1 Hr. COPE CE)
  This course is a review of attempted methods of myopia control, what randomized studies have shown and how to implement a myopia control specialty in your practice.

10:30 am – 10:45 am  REFRESHMENT BREAK & PROMOTIONAL SPEAKER (15 min.)
10:45 am – 11:45 am  COMPREHENSIVE MEIBOMIAN GLAND EVALUATION – Christine Sindt, O.D.
  Understanding how to evaluate the Meibomian Glands is the first step in an effective treatment plan. This course reviews the definitions, structure anatomy and diagnosis of Meibomian gland dysfunction and how to effectively incorporate it into everyday practice.

11:45 am – 12:45 pm  SCLERAL LENS FITTING WORKSHOP – (WET LAB) – Christine Sindt, O.D.
  This wet lab course is designed to develop the skill set necessary to fit scleral lenses, with a hands on approach.

12:45 pm  FREE TIME & NETWORKING OPPORTUNITIES ON YOUR OWN

SUNDAY OCTOBER 4
DEPARTURES
VOYAGES IN VISION REGISTRATION

O.D. Name: ____________________________  Spouse/Guest Name: ____________________________
Email: __________________________________  Phone Number: ____________________________
Address: (Address) _____________________ (City) ___________________ (State) ______ (Zip) ______
Emergency Contact: (Name) ___________________ (Phone #) ______________________

Arrival: September/October ______________, 2020  Departure: October ______________, 2020

Group rates available 3 days before/after the conference.
For additional Arrival/Departure Options contact the VOA Office at 804-643-0309

- All Hotel Accommodations must be made through the Virginia Optometric Association.
- $629 per night (prior to 5/1/20) - Includes Luxury Accommodations for 2 guests and “all-inclusive”
amenities. Limited Upgraded Rooms Available Denoted with an *.
- A 3 Night Minimum is required. All accommodations are all King Beds.
- Sandals Resorts are only for adults 18 years and older.
- DO NOT BOOK OUTSIDE OF THE VOA’S BLOCK. TO PARTICIPATE IN THE CONFERENCE YOU MUST BOOK THROUGH THE VOA.

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Optional Upgrade to Club Level Room Includes:
- Premium Room Location and/or View
- In Room Bar (Restocked daily)
- Room Service
- VIP Cocktail Party
- In Room Robes
- Access to “Club Sandals Lounge”
- Specialty Concierge & Private Orientation
- Champagne & Cool Towels upon arrival

REGISTER ONLINE
www.thevoa.org/voyages-reg
Or Complete the Information Listed Below & Send to the “VOA” at 4461 Cox Road, Suite 110 Glen Allen, VA 23060
Check #_________________ or Credit Card ________

Name on Credit Card: ____________________________________________________________
Credit Card Number: ____________________________
Expiration Date: ___________________  CVV: ____________________________
Full Billings Address: __________________________________________________________

IMPORTANT TRAVEL & RESORT INFORMATION

- A Valid Passport is required for Travel to the Bahamas
- Transport time from Airport to Hotel 15 minutes. Average Flight Time is 4 ½ hours. (Richmond, VA to Nassau Bahamas). Total Travel Time is 4 hours & 45 minutes
- Airport Transfers: Once you’ve landed, proceed to the Sandals desk, conveniently located right outside the Customs area. Your complimentary transfer to and from the resort will be arranged by Sandals.
- Dress Code: Resort casual by day, resort elegant by night. So while the sun is up, your shorts, tank tops, swim suits, short-sleeved shirts, sundresses and light slacks are the perfect attire. As the sun sets and you set out to enjoy the evening, proper attire is required (although elegant dress shorts are permitted in some restaurants).
- Additional Travel Information may be found at https://www.sandals.com/royal-bahamian/travel-checklist/
On behalf of the Virginia Optometric Association, I would like to invite you to spend a few days relaxing in the Bahamian sun and attending world-class presentations presented by internationally acclaimed lecturers. The Virginia Optometric Association’s Voyages in Vision Conference is held every few years in a destination location that offers both a needed getaway and COPE approved lectures that will leave you both refreshed and educated on a few of the latest topics in eyecare. Sandals Royal Bahamian Resort and Spa is an all-inclusive resort offering some of the best beaches and views on the island as well as amenities such as a private island and world class scuba diving. I am confident you will leave with memories that will last a lifetime. Additionally, we have planned several events that will make this a trip to remember. We look forward to welcoming you to the Bahamas next October.

~Rob Allen, O.D., Conference Chair

VOA 2020 Voyages in Vision Sponsors

Important Dates
April 30, 2020: After this date, check with the VOA Office to confirm room availability PRIOR to making your travel arrangements.
August 1, 2020: Full Refunds Provided Prior to this Date. After August 1, no refunds provided for any reason.
August 1, 2020: Final Day for Registrations. No On-Site Registrations. Registration must be received by this date.

SPECIAL SERVICES:
In accordance with the Americans with Disabilities Act, please advise the VOA in writing by August 1, 2020 if you require special services to fully participate.

OD CE Credit Information & Course Attendance Verification
Courses are designed to meet requirements for approval of CE credit by the Virginia Board of Optometry and Council on Optometric Practitioner Education (COPE). Courses are generally accepted or CE by most state boards other than Virginia (verification is your responsibility). The VOA assumes no responsibility should a course not be approved by any State Board of Optometry. If required, reporting of course hours to licensing boards is the sole responsibility of the licensee. To obtain credit you must attend the ENTIRE course, attendance will be monitored to comply with Virginia licensing board regulations.

Each doctor will be provided a “course card” after the conference via email.
To verify attendance you must sign in each day.

IMPORTANT: BOOK YOUR FLIGHTS EARLY AS THERE ARE A LIMITED NUMBER OF CONVENIENT FLIGHTS TO NASSAU

theVOA.org