

Join the Virginia Optometric Association for our 2025 Annual Conference at the Williamsburg Lodge in historic Williamsburg, Virginia May 29th through June 1st. The VOA will be offering three tracks: **General, Wet Lab**, and **Paraoptometric**. Don't forget that the General track (17 CE hours) is <u>FREE</u> TO VOA MEMBERS! Member appreciation events include a Friday night Pig Roast & Luau and Saturday night Beach Band Celebration.

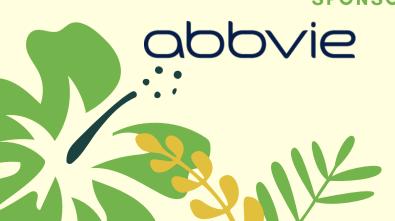
Accommodations & Parking

Please contact the Williamsburg Lodge at **(800) 261-9530** and mention the Virginia Optometric Association Annual to make your reservations, or visit the <u>online booking link here</u>. The VOA discounted rate is \$239 per night, plus appropriate taxes. The room rate will include two (2) Complimentary Historic Area Access Tickets per room, and valid for length of stay. Self-parking is \$10.00 per guestroom, per night for overnight guests. The charge will be applied to the guestroom reservation, and a parking pass will be given to each guest upon arrival. Rates are applicable <u>May 26-June 4, 2025</u>. The number of rooms at this rate are limited. All reservations must be made no later than May 8, 2025. Check-in begins at 4:00 pm and checkout time is 11:00 am. All reservations must be guaranteed by a valid major credit card. Reservation details found on hotel <u>website</u>.



FRIDAY, MAY 30
6:30 PM - 8:30 PM
2025 ANNUAL CONFERENCE
WILLIAMSBURG LODGE
RSVP REQUIRED

SPONSORED BY





Schedule of Events

THURSDAY, MAY 29

5:00 pm - 6:00 pm

Course 1: Diabetic Retinopathy

Nate Lighthizer, OD, FAAO

This course will provide an update and thorough understanding of the flash flicker electroretinogram (ffERG), proper indications and protocols, and how to interpret the results. Diabetic retinopathy has historically been evaluated and followed with structural tests (DFE's, OCT's and fundus photos), this lecture will explore functional testing (ERG) and newer OCT testing (OCT-A) that helps in the evaluation of diabetic patients, and will also discuss the newest literature in regards to supplementation of diabetic retinopathy patients

6:00 pm - 7:00 pm

Course 2: Laser Procedures for the

Nate Lighthizer, OD, FAAO

Management of Glaucoma and More

The use of laser energy to treat various anterior segment conditions, including posterior capsular opacification (PCO), angle closure glaucoma, and open angle glaucoma, has been used by optometric physicians in certain states for over a decade now. This interactive presentation will review and update these ophthalmic laser procedures.

6:00 pm - 7:30 pm

Past President Forum (By invitation only)

7:30 pm

Board of Trustees, Past President, VOLT Dinner

Sponsored by Abbvie

(By invitation only)

FRIDAY, MAY 30

8:00 am - 9:00 am

Course 3: Interesting Cases from Tornado Alley (Part 1) Lindsey Bull, OD This grand rounds 2-part lecture aims to discuss interesting ocular diagnoses, traumas, and emergencies and the complexities that naturally surround these issues. Course

participants should expect to receive education on the not so every day eye care that could walk in to your office.

8:00 am - 9:00 am

Lab 1: Ocular Injections for the Primary Care

Nate Lighthizer, OD, FAAO

Optometrist (Part 1)*

Walter Whitley, OD, MBA FAAO

Injections for the treatment and management of ocular abnormalities are becoming a more common part of the optometric practice. This interactive lecture/workshop will review the most common injections optometrists providing including intradermal/subcutaneous, intramuscular, sub-conjunctival, and intravenous. It will also review the minor surgical procedures that are often done following the injections. Not a laser certification course.

9:00 am - 10:00 am

Promotional Breakfast

Sponsored by Alcon

10:15 am - 11:15 am

Course 4: Interesting Cases from Tornado Alley (Part 2) Lindsey Bull, OD

10:15 am - 11:15 am

Lab 2: Ocular Injections for the Primary Care

Nate Lighthizer, OD, FAAO

Optometrist (Part 2)*

Walter Whitley, OD, MBA, FAAO

11:20 am - 11:45 am

Minute To Win It

11:45 am - 2:00 pm

Exhibit Hall & Lunch

Sponsored by BioTissue

2:00 pm - 3:00 pm

Course 5: OCT Beyond Glaucoma: A Primer for Nate Lighthizer, OD, FAAO

Retinal OCT Interpretation

Optical Coherence Tomography (OCT) is a technology that is largely becoming standard of care for the diagnosis and management of both retinal/macular conditions as well as glaucoma. This interactive 2-hour presentation will review and focus on the most common retinal conditions often diagnosed and followed with OCT's.

2:00 pm - 3:00 pm

Course 6: Social Media Strategies for Healthcare *Joseph Allen, OD, FAAO* **Professionals and Clinics**** (Para Course 1)****

This course provides practical strategies to build a strong, authentic brand on social media as a healthcare professional. This course covers platform selection, content creation, engagement tips, and strategies to grow your reach and reputation. <u>Practice Management</u>

^{*} Track 2 - Lab: Additional Fee, ** Paraoptometric Program, *** VOA Members Only, **** Practice Management Course

3:00 pm - 4:00 pm

Para Course 2: Solutions for Your Susan Gromacki, OD, MS, FAAO, FSLS Scleral Lenses**

New advances in scleral lenses and specialty lens designs have necessitated new paradigms for cleaning these contact lenses. Improper handling and care can impede success with these high-tech lenses. This lecturer will educate the attendee on the latest care products for your newest contact lens materials and designs; compliance; and optimum methods of scleral contact lens handling and care.

3:00 pm - 5:00 pm

Course 7: From the Gut - How Diet is Linked to Joseph Allen, OD, FAAO Dry Eve and the Ocular Surface

This course will discuss the published science of how diet and nutrition play a role in dry eye syndrome and ocular surface disease. The role of anti-inflammatory diets, nutraceuticals, and the gut microbiome will be discussed.

3:00 pm - 5:00 pm

Lab 3* Amniotic Membranes: A hands-on where. Lindsey Bull, OD & Walter Whitley, OD, MBA FAAO when, and how workshop

This lecture/workshop will review education on varying ocular conditions that are best treated with the use of amniotic membranes, where and when we should consider amniotic use, and appropriate follow up protocols. Optometrists will have hands on training over appropriate placement and removal techniques.

Marketing Minute

Bausch and Lomb

4:00 pm - 5:45 pm

Para Course 3: Biomicroscopy: Susan Gromacki, OD, MS, FAAO, FSLS The Slit Lamp Exam for Paraoptometrics

This course will train individuals as technicians for both optometrists and ophthalmologists. Focusing on biomicroscopy, this course will provide instruction from an experienced educator-practitioner who will guide the participant in the various skills needed for an accurate biomicroscopic examination. An added feature will be how to use vital dyes and take intraocular pressures utilizing a Goldmann tonometer.

5:00 pm - 6:30 pm

Exhibit Hall Reception

6:30 pm - 8:30 pm

Pig Roast & Hawaiian Luau

Sponsored by Abbvie and VSP Vision

SATURDAY, MAY 31

8:00 am - 9:00 am

Course 8: When Your Presbyope Only Wants Surgery Lindsey Bull, OD This 1 hour lecture discusses current, future, and past presbyopia surgical options- and more importantly- how to discuss and choose the best option for the patient who is in your chair. Participants should expect to receive education on options that are FDA approved, in FDA trials, and no longer on the market or available to patients.

8:00 am - 9:00 am

Para Course 4: Review of Commonly Roya Attar, OD, MBA, DHA, FAAO **Used Eve Drops****

This course provides an overview of commonly used eye drops in clinical practice. Participants will explore the mechanisms of action, indications, side effects, and proper administration techniques for various therapeutic eye drops, including those used for dilation, glaucoma, pain, allergies and inflammation. The session will emphasize the importance of patient education and proper handling to support optimal patient outcomes.

9:00 am - 9:15 am

Marketing Minute

9:15 am - 11:00 am

Exhibit Hall & Breakfast

10:00 am - 12:00 pm Para Course 5: Common Eye Disorders Roya Attar, OD, MBA, DHA, FAAO **Every Technician and Optician Should Know****

This course covers a broad spectrum of common eye disorders, ensuring that opticians gain a comprehensive understanding of conditions they may encounter in their practice. Participants will learn insights into the diagnosis, treatment, and optical considerations for various common ocular disorders, equipping them with the knowledge to enhance patient care.

11:00 am - 12:00 pm Course 9: Finding, Hiring, and Keeping an Outstanding Eye Chris Morris Care Team****

Behind every successful practice is a well-trained and motivated team. The journey that people embark on from looking for a new job to becoming an accomplished advocate of your practice is determined by their experience along this journey. Together we will unpack the practical aspects, goals, emotions, and acclimation process involved in developing a loyal and high-performing team. Practice Management

12:00 pm - 2:30 pm Annual Business Meeting & Lunch*** Sponsored by Johnson & Johnson

2:30 pm - 3:30 pm Course 10: Contact lenses: What questions Joseph Allen, OD, FAAO are your patients asking?

This lecture explores the intersection of contact lens technology, patient care, and the power of social media insights. Eye care professionals often fall victim to the "curse of knowledge," making it challenging to connect with patients' true concerns. Drawing on lessons learned from analyzing patient questions and online searches, this session will equip doctors with strategies to bridge the gap between professional expertise and patient expectations, improving communication, fitting techniques, and patient satisfaction.

3:30 pm - 4:30 pm Course 11: The Role of Inflammation in Anterior Joseph Allen, OD, FAAO Segment Disease: What Every Clinician Should Know

With the increasing prevalence of inflammatory anterior segment diseases, understanding the role of inflammation is vital for effective patient management and treatment. New insights into inflammatory processes have led to the development of innovative therapies, and this lecture will provide a comprehensive overview of these advancements. This session will focus on the mechanisms driving inflammation in anterior segment diseases, dissecting the cellular and molecular responses that contribute to ocular surface and anterior segment pathology. We will evaluate the latest anti-inflammatory therapies and their clinical applications, review recent research on efficacy and safety, and discuss tailored management strategies for optimizing patient outcomes. Through this lecture, healthcare professionals will gain a deeper understanding of inflammation's impact on eye health and be equipped with best practices to integrate cutting-edge treatments into their patient care protocols.

4:30 pm - 5:30 pm

Course 12: Resident Grand Rounds

Moderated by Evan Kaufman, OD

This course will discuss cases that are frequently referred to an academic or tertiary referral clinic. Presenters will review cases that were managed during their optometric residency. From ocular surgery to trauma to infectious disease, presenters will highlight the benefits of collaborative care.

5:30 pm - 6:30 pm Practice Development/Leadership/VOLT Sponsored by Alcon

7:00 pm - 10:00 pm Member Appreciation Event - Beach Band Party

Dinner included.

SUNDAY, JUNE 1

8:00 am - 9:00 am

Course 13: Current Trends in Keratoconus

Justin Schweitzer, OD

Management

Keratoconus is a corneal condition that often presents in the optometrist's office first. It is

imperative that we can identify the condition early and stabilize the condition with cornea collagen crosslinking. This course will help the OD identify KCN at its earliest, discuss CXL, and discuss the postoperative care of a patient after undergoing CXL.

9:00 am - 10:00 am Promotional Break & Breakfast

10:00 am - 12:00 pm Course 14: Innovations in Glaucoma: Next

Justin Schweitzer, OD

Generation Technology, Medications, and Delivery

Advances in glaucoma diagnostics and management continue to evolve at a rapid pace. To continue to care for glaucoma patients at a high level it is imperative that innovation continues in the glaucoma space. The focus of this course is to discuss new advancements in glaucoma drug delivery, diagnostic technology, and what's new in the glaucoma pipeline.

^{*} Track 2 - Lab: Additional Fee, ** Paraoptometric Program, *** VOA Members Only, **** Practice Management Course



Speakers

Joseph Allen, OD, FAAO is a practicing optometrist in Virginia. He graduated Magna Cum Laude and Salutatorian from the Rosenburg School of

Optometry in 2015 and completed his residency at the Minneapolis V.A. Medical Center, Dr. Allen is a Fellow of the American Academy of Optometry, a Diplomate of the American Board of Optometry, and a member of the American Optometric Association's Strategic Communications Committee. Dr. Allen is the founder of Doctor Eye Health, an educational YouTube channel with over 1 million subscribers, where he provides information about eye health, ocular disease, and vision products.



Roya Attar, OD, DHA, MBA, FAAO serves as an Associate Professor and Director of

Optometric Services at the University of Mississippi Medical Center in Jackson, MS. As the sole optometrist at the state's only medical school, she strives to make a meaningful impact on patient care, education, and leadership. Beyond her primary responsibilities, Roya is deeply committed to providing comprehensive clinical care, sharing knowledge with residents, and ensuring the smooth operation of optical services. With dual Doctorates in Optometry and Health Administration, complemented by a Master's in Business Administration, she actively pursues ongoing growth and development in her role. A distinguished Fellow of the American Academy of Optometry, Roya assumes pivotal roles, including chairing the AAO Retina Special Interest Group and serving as the vice chair of the AOA Leadership Development Committee. In addition, she is president of her local society, where she contributes to discussions on best practices and professional development. Though grateful for recognition and numerous accolades, including awards like Mississippi Young OD of the Year, SECO Young OD of the Year, AOA Young OD of the Year, and Women in Optometry Young OD of the Year, she remains focused on serving others and committed to advancing the optometric profession.



Lindsey Bull, OD currently practices in Oklahoma at EyeCare Associates of South Tulsa. She serves as the residency supervisor and enjoys utilizing the skills she has been trained for, including anterior segment laser procedures, in office surgical procedures and treatment of a wide variety of ocular diseases. Dr. Bull has received a number of awards including the American Optometric Association "Eyes on the Future" award, the "Golden Retinoscope" and the "Outstanding Clinician Award" both presented by Northeastern State University Oklahoma College of Optometry, and was asked to present research on that she completed while attending NSU College of Optometry at the American Academy of Optometry conference. She was also published as the cover story in the October 2017 edition of Optometric Management, Originally from Novi, Michigan, Dr. Bull obtained her Bachelor of Arts Degree in Spanish from the University of Arkansas in Fayetteville in 2008. Dr. Bull received her Doctorate of Optometry from Northeastern State University Oklahoma College of Optometry in Tahlequah, in 2012, and completed a residency in ocular disease through NSU at EyeCare Associates of South Tulsa



Susan Gromacki, OD, MS, FAAO, FSLS is an internationally-recognized clinician,

in 2013.

lecturer, and author in optometry. In practice for 31 years, she graduated with honors from the University of Notre Dame and The Ohio State University College of Optometry and completed a residency in hospital-based optometry with the U.S. Department of Veterans Affairs. She serves on the National Board of Examiners in Optometry, composing and overseeing the written examinations that ensure the qualifications of new US optometrists to enter practice. She is one of only 24 doctors worldwide to earn both a Fellowship in the Scleral Lens Education Society and the prestigious Diplomate in Cornea, Contact Lenses and Refractive Technologies of the American Academy of Optometry. She has presented on behalf of the profession of optometry to the US FDA and FTC, and in countries around the world. She has received almost 50 professional awards for excellence, including the "Top Doctor of 2024" Award from the National Keratoconus Foundation, the Contact Lens Institute (CLI) Culture Award (2023), the 2022 Albert Nelson Marguis Lifetime Achievement Award, the World's Top Optometrists (2020) and one of the Most Notable Alumni in the 100-year history of The Ohio State University College of Optometry.



 $\begin{tabular}{ll} Nate Lighthizer, OD, FAAO & was born and raised in Bismarck, North Dakota, and is a graduate of Pacific University College of \\ \end{tabular}$

Optometry. Upon graduation, he completed a residency in Family Practice Optometry with an emphasis in Ocular Disease and Laser and Surgical Optometry through Northeastern State University Oklahoma College of Optometry (NSUOCO). Dr. Lighthizer has since joined the faculty at the Oklahoma College of Optometry and has served as the Chief of Specialty Care Clinics and the Chief of Electrodiagnostics Clinic. In 2014, he founded and now heads the Dry Eye Clinic at the College of Optometry. In July 2024, he was named the Dean of the Oklahoma College of Optometry. He is a founding member, and currently serves as Immediate Past President, of the Intrepid Eye Society which is a group of emerging thought leaders in optometry. He was named a member of PCON 250 - A list of the top 250 optometrists in the country who practice progressively, provide innovative patient care, conduct optometric research or excel in academia and share what they have learned with other optometrists to advance the profession.



is fanatical about quality, often accused of being a perfectionist. Creative and chris Morris

determined, it's not unusual to see him pacing the floor or staring out the window as he contemplates an idea or inspiration. Chris subscribes to the adage "those who do not learn history are doomed to repeat it" so he spends countless hours watching history shows and documentaries. Chris loves to get on the nerves of his wife and two daughters by asking the questions "what do you think?" and "what is your goal for today?" They keep him around however because he is a pretty good cook. Chris is rejuvenated by lending his talents and time in service to his church. Some of his best friends and deepest inspirations come from his work there. An obsession for craft beer helps him maintain his roundish figure and occasionally he will try to keep up with his wife on a hike or ride the over-priced exercise bike he got for Christmas. Chris graduated from Marshall University with a degree in Journalism - Public Relations because he simply couldn't stay in school any longer. As president of Phi Delta Theta

fraternity, he did everything he could to hone his social skills while ignoring the demands of the classroom. A brief stint in the Air National Guard helped pay for his college as well as provide a little gas and beer money. Chris is

certified in the 6 Types of Working Genius and The Situational Leadership Model.



helped create one of the premier Walter Whitley, OD, MBA, FAAO surgical comanagement network at Virginia Eye Consultants in Norfolk, VA. Dr. Whitley is a nationally recognized author and lecturer and serves as cochief medical editor for Modern Optometry, contributing editor for the Review of Optometry and co-medical editor for Dry Eye Coach. He he has been recognized as the 2012 Young Optometrist of the Year, the 2015 Legislative Keyperson of the Year and the 2020 Optometrist of the Year by the Virginia Optometric Association.



Justin Schweitzer, OD, FAAO specializes in advanced glaucoma, refractive surgical clinical care, and anterior segment pathology at Vance Thompson Vision. He received his professional training and Doctor of Optometry degree from Pacific University College of Optometry in Forest Grove, OR. In 2012, he pursued his dream to focus on glaucoma, advanced anterior segment surgery care and pathology, joining Vance Thompson Vision in Sioux Falls, South Dakota. He earned Fellowship in the American Academy of Optometry in 2013, is the Optometric Externship Director at Vance Thompson Vision, and Adjunct Clinical Professor of the Illinois College of Optometry and Kentucky College of Optometry. Dr. Schweitzer regularly lectures on glaucoma, anterior segment pathology, refractive surgical clinical care, and surgical management at state, regional, and national meetings. He is currently the Chief Medical Editor for Modern Optometry and has contributed book chapters, journal articles, and case studies in peer reviewed and nonpeer reviewed journals including Review of Optometry, Optometry Times, Primary Care Optometry News, Optometric Management, The Journal of Cataract and Refractive Surgery, Clinical Ophthalmology, and The Journal of Glaucoma.

He has research interests in minimally invasive glaucoma surgery and biomechanical properties of the cornea as it relates to glaucoma. Dr. Schweitzer is an advocate of an integrated eye care delivery model and is currently serving as a board member for the South Dakota Optometric Society. He also serves as a board member of the Optometric Glaucoma Society, a member of the American Optometric Association: Optometric Cornea, Cataract, and Refractive Society; Scleral Lens Education Society; Intrepid Eye Society; and is actively involved in his community's eye care

initiatives.



— Virginia Optometric Association — Voyages - In-Vision: Grand Cayman



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VOA Mascot Needs a

Name

The Big Reveal during Annual Conference

We need your help - Vote on a name for the VOA Mascot by downloading the VOA App using the QR code below.

The VOA is getting a mascot! What will we call them? That's up to you!

The voting period will be open until May 15

The VOA mascot and its name will be revealed at Annual Conference.



Google Play







Professional Headshots

Friday, May 30 and Saturday, May 31

We will be offering Professional Headshots at Annual Conference this year! Use this opportunity to update your photos for your website, LinkedIn and social media platforms.

The photographer will help you create the best poses and professional expressions. The headshots will be available instantly to send to your email or in a text message. All the photos will also be available on a web gallery.

Three time slots are available for headshots to be taken by a professional photographer. This service will be available within the Exhibit Hall.

Friday, May 30 2025 from 12:00 pm to 2:00 pm Friday, May 30 from 5:30 pm to 6:30 pm Saturday, May 31 from 9:00 am to 11:00 am



Weekend Overview

THURSDAY, MAY 29

1:00 pm - 4:30 pm **Board of Trustees Meeting** 5:00 pm - 6:00 pm Course 1: Diabetic Retinopathy (1 CE Credit) 6:00 pm - 7:00 pm Course 2: Laser Procedures for the Management of Glaucoma and More (1 CE Credit) 6:00 pm - 7:30 pm VOA Past President Forum (By invitation only) 7:30 pm Board of Trustees, Past President, VOLT Dinner (By invitation only) Sponsored by Abbvie FRIDAY, MAY 30 8:00 am - 9:00 am Course 3: Interesting Cases from Tornado Alley (Part 1) (1 CE Credit) 8:00 am - 9:00 am Lab 1: Ocular Injections for the Primary Care Optometrist (Part 1)* 9:00 am - 10:00 am Promotional Breakfast Sponsored by Alcon 10:15 am - 11:15 am Course 4: Interesting Cases from Tornado Alley (Part 2) (1 CE Credit) 10:15 am - 11:15 am Lab 2: Ocular Injections for the Primary Care Optometrist (Part 2)* 11:20 am - 11:45 am Minute To Win It 11:45 am - 2:00 pm Exhibit Hall & Lunch Sponsored by BioTissue 2:00 pm - 3:00 pm Course 5: OCT Beyond Glaucoma: A Primer for Retinal OCT Interpretation (1 CE Credit) 2:00 pm - 3:00 pm Course 6: Social Media Strategies for Healthcare Professionals and Clinics (1 CE Credit)**** Para Course 2: Solutions for Your Scleral Lenses** 3:00 pm - 4:00 pm 3:00 pm - 5:00 pm Lab 3: Amniotic membranes: A hands-on where, when, and how workshop* Bausch and Lomb Marketing Minute 3:00 pm - 5:00 pm Course 7: From the Gut - How Diet is Linked to Dry Eye & the Ocular Surface (2 CE Credits) 4:00 pm - 5:45 pm Para Course 3: Biomicroscopy: The Slit Lamp Exam for Paraoptometrics** 5:00 pm - 6:30 pm **Exhibit Hall Reception** 6:30 pm - 8:30 pm Pig Roast and Hawaiian Luau Sponsored by Abbvie and VSP Vision SATURDAY, MAY 31 8:00 am - 9:00 am Course 8: When Your Presbyope Only Wants Surgery (1 CE Credit) Marketing Minute 8:00 am - 9:00 am Para Course 4: Review of Commonly Used Eye Drops** 9:00 am - 11:00 am Exhibit Hall & Breakfast 10:00 am - 12:00 pm Para Course 5: Common Eye Disorders Every Technician and Optician Should Know** Course 9: Finding, Hiring, and Keeping an Outstanding Eye Care Team (1 CE Credit)**** 11:00 am - 12:00 pm 12:00 pm - 2:30 pm Annual Business Meeting & Lunch*** Sponsored by Johnson and Johnson 2:30 pm - 3:30 pm Course 10: Contact lenses: What questions are your patients asking? (1 CE Credit) Course 11: The Role of Inflammation in Anterior Segment Disease (1 CE Credit) 3:30 pm - 4:30 pm 4:30 pm - 5:30 pm Course 12: Resident Grand Rounds (1 CE Credit) 5:30 pm - 6:30 pm Emerging Leader/VOLT/Young OD Program Sponsored by Alcon 7:00 pm - 10:00 pm Member Appreciation Event - Beach Band Party Sponsored by ABB

SUNDAY, JUNE 1

8:00 am - 9:00 am Course 13: Current Trends in Keratoconus Management (1 CE Credit)

9:00 am - 10:00 am Promotional Break & Breakfast

10:00 am - 12:00 pm Course 14: Innovations in Glaucoma (2 CE Credits)

* Track 2 - Lab: Additional Fee

** Paraoptometric Program

*** VOA Members Only

**** Practice Management Course

Track 1 - ODs

THURSDAY, MAY 29

5:00 pm - 6:00 pm Course 1: Diabetic Retinopathy (1 CE Credit)

6:00 pm - 7:00 pm Course 2: Laser Procedures for the Management of Glaucoma and More (1 CE Credit)

6:00 pm - 7:30 pm VOA Past President Forum (By invitation only)

7:30 pm Board of Trustees, Past President, VOLT Dinner (By invitation only) Sponsored by Abbvie

FRIDAY, MAY 30

8:00 am - 9:00 am Course 3: Interesting Cases from Tornado Alley (Part 1) (1 CE Credit)

9:00 am - 10:00 am Promotional Breakfast Sponsored by Alcon

10:15 am - 11:15 am Course 4: Interesting Cases from Tornado Alley (Part 2) (1 CE Credit)

11:20 am - 11:45 am Minute To Win It

11:45 am - 2:00 pm Exhibit Hall & Lunch Sponsored by BioTissue

2:00 pm - 3:00 pm Course 5: OCT Beyond Glaucoma: A Primer for Retinal OCT Interpretation (1 CE Credit)

2:00 pm - 3:00 pm Course 6: Social Media Strategies for Healthcare Professionals and Clinics (1 CE Credit)****

3:00 pm - 5:00 pm Course 7: From the Gut - How Diet is Linked to Dry Eye & the Ocular Surface (2 CE Credits)

5:00 pm - 6:30 pm Exhibit Hall Reception

6:30 pm - 8:30 pm Pig Roast and Hawaiian Luau Sponsored by Abbvie and VSP Vision

SATURDAY, MAY 31

8:00 am - 9:00 am Course 8: When Your Presbyope Only Wants Surgery (1 CE Credit)

Marketing Minute

9:00 am - 11:00 am Exhibit Hall & Breakfast

11:00 am - 12:00 pm Course 9: Finding, Hiring, and Keeping an Outstanding Eye Care Team (1 CE Credit)****

12:00 pm - 2:30 pm Annual Business Meeting & Lunch*** Sponsored by Johnson and Johnson

2:30 pm - 3:30 pm Course 10: Contact lenses: What questions are your patients asking? (1 CE Credit)

3:30 pm - 4:30 pm Course 11: The Role of Inflammation in Anterior Segment Disease (1 CE Credit)

4:30 pm - 5:30 pm Course 12: Resident Grand Rounds (1 CE Credit)

5:30 pm - 6:30 pm Emerging Leader/VOLT/Young OD Program Sponsored by Alcon

7:00 pm - 10:00 pm Member Appreciation Event - Beach Band Party Sponsored by ABB

SUNDAY, JUNE 1

8:00 am - 9:00 am Course 13: Current Trends in Keratoconus Management (1 CE Credit)

9:00 am - 10:00 am Promotional Break & Breakfast

10:00 am - 12:00 pm Course 14: Innovations in Glaucoma (2 CE Credits)

Track 2 - Wet Lab

FRIDAY, MAY 30

8:00 am - 9:00 am Lab 1: Ocular Injections for the Primary Care Optometrist (Part 1)*

9:00 am - 10:00 am Promotional Breakfast Sponsored by Alcon

10:15 am - 11:15 am Lab 2: Ocular Injections for the Primary Care Optometrist (Part 2)*

11:20 am - 11:45 am Minute To Win It

11:45 am - 2:00 pm Exhibit Hall & Lunch Sponsored by BioTissue

2:00 pm - 3:00 pm Course 5: OCT Beyond Glaucoma: A Primer for Retinal OCT Interpretation (1 CE Credit)

2:00 pm - 3:00 pm Course 6: Social Media Strategies for Healthcare Professionals and Clinics (1 CE Credit)****

3:00 pm - 5:00 pm Lab 3: Amniotic membranes: A hands-on where, when, and how workshop*

Marketing Minute Bausch and Lomb

5:00 pm - 6:30 pm Exhibit Hall Reception

6:30 pm - 8:30 pm Pig Roast and Hawaiian Luau Sponsored by Abbvie and VSP Vision

THANK YOU WALT WHITLEY FOR SUPPORTING AND ASSISTING IN THE WET LAB PROGRAM!

Track 3 - Paraoptometric

FRIDAY, MAY 30

2:00 pm - 3:00 pm Course 6: Social Media Strategies for Healthcare Professionals and Clinics (1 CE Credit)****

3:00 pm - 4:00 pm Para Course 2: Solutions for Your Scleral Lenses**

4:00 pm - 5:45 pm Para Course 3: Biomicroscopy: The Slit Lamp Exam for Paraoptometrics**

5:00 pm - 6:30 pm Exhibit Hall Reception

6:30 pm - 8:30 pm Pig Roast and Hawaiian Luau Sponsored by Abbvie and VSP Vision

SATURDAY, MAY 31

8:00 am - 9:00 am Para Course 4: Review of Commonly Used Eye Drops**

9:00 am - 11:00 am Exhibit Hall & Breakfast

10:00 am - 12:00 pm Para Course 5: Common Eye Disorders Every Technician and Optician Should Know**

* Track 2 - Lab: Additional Fee

** Paraoptometric Program

*** VOA Members Only

**** Practice Management Course

Contribute to VOPAC

The Virginia Optometric Association's Political Action Committee (VOPAC) is governed by a separate Board of Directors appointed by the VOA President. Contributions to incumbents and candidates are based on their relationship with the optometric profession, voting records, and commitment to quality eye and vision care services. Scan the QR code to contribute to VOPAC or visit

https://www.thevoa.org/contribute-to-vopac-llf



REGISTRATION, CONFERENCE POLICIES AND INFORMATION

CDC Guidelines for hosting meetings and events will be followed by the VOA at all times.

General Registration Fee includes access to all exhibits and social activities. The early bird deadline is **May 1st**, after this date there will be a \$50 late fee. The final pre-registration deadline is **May 15th**. All registration fees must accompany your registration form.

Spouse/Guest Registration is \$100 for 12 and under and \$200 for 13 and older. Registration includes Friday Exhibit Hall Reception, Pig Roast & Luau Party and Saturday's Dinner and Band Party. Due to Pharma regulations, promotional dinners are for doctors/students only.

Continuing Education and Attendance All courses meet requirements for approval of CE credit by the Virginia Board of Optometry. The VOA assumes no responsibility for courses that are not approved by other state licensing boards. Verification outside the State of Virginia is the responsibility of the attendee. Reporting of course hours to a licensing board is the sole responsibility of the licensee. COPE approval is NOT required in Virginia and has NOT been arranged. No partial credit for any course will be given. To obtain credit you must attend the ENTIRE course. Attendance will be monitored to comply with Virginia licensing board regulations.

Course Cards and Course Evaluations will be electronic. Your course verification will then be emailed to you. Printed course cards will not be available. If your electronic device is not working please see the registration desk for assistance or to get a course card emailed to you. Please do NOT use the OE tracker app. Course Evaluations are an integral part in the VOA receiving grant funding, so be sure to complete them as well.

Course Handouts Any handouts provided by the speaker will be posted online before the conference. We suggest printing or downloading what you will need for the courses you are attending ahead of time since we cannot promise the quality of the wi-fi connection with so many attendees. No printed handouts will be available.

Photography Disclaimer Virginia Optometric Association (VOA) reserves the right to use any photograph/video taken at any VOA Event without the expressed consent of those included within the photograph/video. VOA may use the photograph/video in publications or other media material produced, used, or contracted by VOA including but not limited to: meeting brochures, invitations, newsletters, VOA website, VOA Facebook page, etc. If you do not wish to have your image recorded for distribution, please contact the VOA at office@thevoa.org. By attending the VOA Event, or by failing to notify VOA of your desire to not be photographed, you are agreeing to release, defend, hold harmless and indemnify VOA from any and all claims involving the use of your picture or likeness.

Cancellation & Refund Policy All cancelations received before May 1st will be issued a full refund. No call-no show: If you register and do not attend there will be a no show fee of \$175. Requests must be in writing. No refunds for cancellation after May 15th.

Special Services In accordance with the Americans with Disabilities Act, please advise the VOA in writing by **May 1st**, if you require special services to fully participate.

Terms & Conditions RELEASE & HOLD HARMLESS AGREEMENT: By registering and attending a Virginia Optometric Association (VOA) event/meeting you acknowledge that there is an unknown risk of exposure to communicable diseases such as COVID-19 through exposure to contaminated objects, as well as through personal contact. Such exposure carries with it a certain degree of risk that could result in illness, disability or death. You agree to release and hold harmless VOA, its staff, officers, and vendors from and against all claims of damages and liability resulting from exposure. Registrants/Attendees also warrant they are following all CDC guidelines.

The Virginia Optometric Association Annual Conference claims no liability for the acts of any attendee, supplier or speaker at this meeting or for the safety of any attendee while in transit to, from, or during this meeting. The Virginia Optometric Association Annual Conference reserves the right to cancel this function and/or individual courses without penalty.

The total amount of liability to the Conference will be limited to a refund of fees paid by the attendee.



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References: 1. In a 2-week prospective clinical study in the US; n=181; CLEAR CARE® Cleaning & Disinfecting Solution used for cleaning and disinfection; Alcon data on file, 2023. 2. Zheng Y, Dou J, Wang Y, et al. Sustained release of a polymeric wetting agent from a silicone-hydrogel contact lens material. ACS Omega. 2022;7(33):29223-29230. doi: 10.1021/acsomega.2c03310. 3. In a 28-day prospective clinical study;n=92; Alcon data on file, 2023.

Important information for PRECISION7° (serafileon A) and PRECISION7° for Astigmatism (serafileon A) contact lenses: For daily wear or extended wear up to 6 nights for near/far-sightedness. Risk of serious eye problems (i.e., corneal ulcer) is greater for extended wear. In rare cases, loss of vision may result. Side effects like discomfort, mild burning or stinging may occur.

Alcon



LASER CONFERENCE

Omni Richmond Richmond, Virginia

CERTIFICATION COURSE

August 8 - 9

Course includes CE, Lab and Laser Examination

REFRESHER COURSE

August 10

For those who have already completed laser training and certification.

SPACE IS LIMITED FOR BOTH COURSES!



ABOUT LASERS

Any member who desires to utilize Virginia's newest laser law will be required to pass a laser certification course and examination and obtain proper licensure from the state board prior to performing laser procedures.

Fall Conference

Lansdowne Resort Leesburg, Va







VOA ANNUAL CONFERENCE REGISTRATION

Register online or complete the registration form and submit with payment to: Mail To: VOA • P.O. Box 29069 • Henrico, VA 23242-0069

Name for Badge:		
		racker #:
		Zip:
Emergency Contact: Cel		ail:
	FHOHE	
OD Registration: FREE VOA Member FREE VOA Student Member Registration: \$425 AOA Member \$825 NON VOA/AOA Member The following events are included in your friday. 9:00 am - 10:00 am Breakfast Spour Hi:45 am - 2:00 pm Exhibits & Lur Service Saturday. 9:15 am - 11:00 am Exhibits & Breat Sturday. 9:15 am - 11:00 am Exhibits & Breat Sturday. 12:00 pm - 2:30 pm Business Meet Service Sign Saturday. 12:00 pm - 10:00 pm Beach Band In Sunday. 9:00 am - 10:00 am Promotional Sunday. 9:00 am - 10:00 am Promotional Sunday. 10:00 Guest Registration per person: (Includes Females).	\$250 Wet Lestration \$95 Paraopt ur registration, please indicate we consored by Alcon and Sponsored by BioTissue awaiian Luau Party Sponsored by Alakfast eting & Lunch *VOA members only der/VOLT/Young OD Program Sponsored by Albanat & Dinner Spo	s by May 1. No exceptions.) Lab* tometric Registration** which you will be attending: Abbvie and Register online! www.thevoa.org/annual
Guest Name for Badge \$200 Guest Registration (13 and older		
Guest Name for Badge		
\$175 No Call / No Show Fee		
\$50 Late Fee (Registrations after May	1)	
Additional Options \$ Legal-Legislative Fund Conf To contribute to VOPAC, vi \$ Total Registration Fees En	isit www.thevoa.org/vopac-llf (\$	O.D. for 2025) \$750 suggested per O.D. for 2025)
<u>Special Services to Comply with Americ</u>	can Disabilities Act:	
Please notify the VOA by May 1st	•	ritten description of needs so we may contact you.
Name on account (print):		Exp. Date:/
Card Number:		Credit Card CVV code:
Billing Address:		
City:	State:	Zip:
Signature (required)		Authorized amount \$



P.O. Box 29069 Henrico, Va 23242-0069



Annual Conference

FREE FOR MEMBERS!

May 29 - June 1, 2025 Williamsburg Lodge Williamsburg, Virginia

Save the Dates for VOA Events

Laser Conference

August 8 - 9, 2025

• Refresher Course August 10 - 11, 2025

 August 10 - 11, 2025
 Certification Course & Test Omni Richmond
 Richmond, Va

In Focus Events

April 9 - Paul Brewer, OD November 18 - Thomas R. Cheezum, OD, CPC, COPC

Fall Conference

October 24 - 26, 2025 Lansdowne Resort *Leesburg, Va*

Annual Conference 2026

May 14 - 17, 2026 Richmond Marriott Richmond, Va

Fall Conference 2026

September 18 - 20, 2026 The Greenbrier White Sulphur Springs, West Va

Voyages In Vision 2026

September 24 - 27, 2026 The Westin Grand Cayman Seven Mile Beach Resort & Spa Grand Cayman