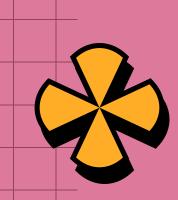
VIRGINIA OPTOMETRIC ASSOCIATION



1 DAY CE



JANUARY 25, 2026

8:20 AM - 8:30 AM LOGIN

8:30 AM - 9:30 AM RETINAL VASCULAR OCCLUSIVE DISEASE

This course will provide a general review of retinal vascular occlusive disease including the clinical manifestation. An understanding of who may be at risk for this disorder will be discussed. The lecture highlights the method for making the proper diagnosis, the management and follow-up schedule of RVO and RAO. Appropriate treatment and preferred practice guidelines will be presented.

9:30 AM - 10:30 AM OCULAR MANIFESTATIONS OF GLP1/GLP1+GIP DRUGS

GLP-1 receptor agonists, commonly used for Type 2 diabetes and obesity, have been linked to various ocular side effects, including NAION, diabetic retinopathy, macular changes, IOP fluctuations, refractive shifts, and dry eye. While these medications provide important systemic benefits, careful eye monitoring—especially for high-risk patients—is advised. This course reviews GLP-1 RA pathophysiology, explores their ocular effects, and highlights illustrative case examples.

10:30 AM - 10:45 AM MARKETING MINUTE

10:45 AM - 11:45 AM GETTING THE DROP ON PRESBYOPIA

With new innovations in treatment for presbyopia come available both surgically and topically, we revisit an old topic. How do we really define presbyopia and how do these new options fit in with our tried and true? And how do we discuss these with our patients?

11:45 AM - 12:45 PM BUILDING GOOD HABITS: DAILY EYE HYGIENE AND OUR PATIENTS

We all know that good habits help keep us healthy: washing our face, brushing our teeth. What about developing healthy eye habits? We will discuss how to identify OSD/DED and then discuss why daily eye hygiene is important for everyone. Open discussion within those attending encouraged to help all to learn from each others experiences and knowledge.

JOIN US FOR THE VOA'S 2026 ONE DAY VIRTUAL CONTINUING EDUCATION EVENT. EARN UP TO 4 FACE-TO-FACE CE CREDITS*!

Speakers:

Cecelia Koetting, O.D., FAAO, DipABO Julie Rodman, O.D., M.S., FAAO Register today! www.thevoa.org





JANUARY 25, 2026

8:20 AM - 8:30 AM LOGIN

8:30 AM - 9:30 AM RETINAL VASCULAR OCCLUSIVE DISEASE Dr. Rodman

9:30 AM - 10:30 AM OCULAR MANIFESTATIONS OF GLP1/GLP1 Dr. Rodman

+ GIP DRUGS

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10:45 AM - 11:45 AM GETTING THE DROP ON PRESBYOPIA Dr. Koetting

11:45 AM - 12:45 PMBUILDING GOOD HABITS: DAILY EYE HYGIENE AND OUR PATIENTS

Dr. Koetting

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Speakers:

Cecelia Koetting, O.D., FAAO, DipABO

Dr. Koetting is an Assistant Professor of Ophthalmology at the University of Colorado, specializing in anterior segment disease, neuro-optometry, and peri-operative care. She is a Fellow of the American Academy of Optometry and a past Young Optometrist of the Year in Virginia. Dr. Koetting lectures and publishes widely on clinical and research topics.



Julie Rodman, O.D., M.S., FAAO

Dr. Julie Rodman is a Professor of Optometry and Chief of the Broward Eye Care Institute at Nova Southeastern University. A Fellow of the American Academy of Optometry, she is recognized for excellence in teaching, research, and innovation. Her work focuses on retinal disease and optical coherence tomography.

Register today! www.thevoa.org



VOA 1 DAY VIRTUAL CE

Please register online or complete the registration form and submit with payment to:

Mail To: VOA • P.O. Box 29069 • Henrico, VA 23242-0069

lame : OE Tracker #:			
Address:			
Dity: State:		Zip:	
Phone:	Cell:	Email:	
\$ Optional Lega	A Member ember AC Contribution ested per O.D. for 2026) I-Legislative Fund Contribut ested per O.D. for 2026)	REGISTER ONLINE www.thevoa.org/one-day Cancelation Policy: Partial refunds will be made upon written request until January 15th ONLY. After January 15th no refunds will be considered.	
Name on account (print): Exp. Date: _			
Card Number:		Credit Card CVV code:	
Billing Address:			
City:	State:	Zip:	
Signature (required)		Authorized amount \$	

THE DEADLINE TO REGISTER IS THURSDAY, JANUARY 22ND!

You will receive the zoom link to the meeting 1 week before as well as a reminder on Saturday, January 24, 2026. You must be present to receive credit for your hours. Partial CE credit will not be issued. This is considered a live CE presentation and you will have time to interact with the speakers.



