

SEPTEMBER
20-22, 2024

2024 FALL CONFERENCE

OMNI
HOMESTEAD
RESORT



JOIN THE VOA AT THE

Omni Homestead Resort

Join the Virginia Optometric Association for
our **2024 Fall Conference**

September 20 - 22, 2024 at the Omni
Homestead Resort in Hot Springs, Virginia.
Relax at the spa, enjoy the pool, two golf
courses, plus all of the fun VOA social
events with friends and family.

**Registration is FREE for
all VOA members!**

CE CREDITS:
8 CE HOURS AVAILABLE
SPECIAL EVENTS:
WELCOME RECEPTION
GOLF TOURNAMENT
POOLSIDE SOCIAL
PICNIC ON THE LAWN

Accommodations & Parking

Please contact The Omni Homestead at
(800) 838-1766 and mention the Virginia
Optometric Association or visit
www.thevoa.org/fall to make your
reservations. The VOA discounted rate is
\$279* per night, plus appropriate taxes and
a \$42 per night resort fee. The number of
rooms at this rate are limited. All
reservations must be made no later than
August 30, 2024. Check-in begins at 4:00 pm
and checkout time is 11:00 am. Reservation
details can be found on hotel website.
Please note there is a parking fee of \$30 per
room per night.

Register by August 20, 2024 and SAVE!

Online at www.thevoa.org/fall By Mail - send payment with completed registration form to:

VOA

PO Box 29069

Henrico, Va 23242-0069

2024 Fall Conference Schedule of Events

FRIDAY, SEPTEMBER 20

| | |
|--------------------|--|
| 5:45 pm - 6:45 pm | Course 1: <i>Marrying a Lens to an Eye: IOL Matchmaking</i> |
| 7:00 pm - 9:00 pm | Promotional Dinner* (Limited to 40 optometrists) |
| 9:00 pm - 10:00 pm | Welcome Reception & Exhibits* |

***Pre-Registration Required**

Christopher Kuc, OD, FAAO

Sponsored by Johnson & Johnson

Sponsored by VSP

SATURDAY, SEPTEMBER 21

| | | |
|-----------------------|---|---|
| 7:30 am - 8:00 am | Registration, Coffee & Exhibits | |
| 8:00 am - 9:00 am | Course 2: <i>Modern Management of Diabetic Retinopathy in Primary Eye Care</i> | Mike Cymbor, OD <i>Speaker sponsored by LKC Technologies</i> |
| 9:00 am - 10:00 am | Promotional Breakfast* | <i>Sponsored by Alcon</i> |
| 10:00 am - 11:00 am | Course 3: <i>Next Level Management of Glaucoma</i> | Mike Cymbor, OD <i>Speaker sponsored by LKC Technologies</i> |
| 11:00 am - 11:15 am | Alcon's Marketing Minute | |
| 11:15 am - 11:45 am | Break & Exhibits | |
| 11:45 am - 12:45 pm | Course 4: <i>Dementia and the Eye</i> | Christopher Kuc, OD, FAAO |
| 12:45 pm - 2:15 pm | Course 5: <i>Ocular Manifestations of Systemic Disease</i> | Christopher Kuc, OD, FAAO |
| | Lunch & Learn: Course 5 will begin at approx. 1:15 pm* | <i>Sponsored by Dompe Medical</i> |
| Afternoon | Free Time to Enjoy the Omni Homestead Resort | |
| 3:00 pm - 5:00 pm | Poolside Social* | |
| 3:00 pm - 6:30 pm | Golf Tournament (9 Hole)* | <i>Sponsored by VSP</i> |
| 3:45 pm Shotgun Start | Play the Omni Homestead Resort's Old Course, consistently ranked among the best golf courses in Virginia! | Additional Fee \$125 |
| 7:00 pm - 9:00 pm | Picnic on the Lawn* | <i>Co-Sponsored by AbbVie/Allergan and Amgen</i> |

SUNDAY, SEPTEMBER 22

| | | |
|---------------------|---|-------------------------------|
| 8:00 am - 8:30 am | Breakfast & Registration* | <i>Sponsored by Topcon</i> |
| 8:00 am - 10:00 am | Course 6: <i>Is It Glaucoma or a Masquerader</i> | Cecelia Koetting, OD, FAAO |
| 10:00 am - 10:15 am | Break & Hotel Check Out | <i>Sponsored by BioTissue</i> |
| 10:15 am - 11:15 am | Course 7: <i>Opioids: Optometry and Pain Management During a Drug Epidemic</i> | Cecelia Koetting, OD, FAAO |

Speakers



Cecelia Koetting, OD, FAAO

Cecelia Koetting, OD, FAAO practices at the University of Colorado School of Medicine in the Department of Ophthalmology in Denver, CO. Her primary focus is in anterior segment and ocular surface disease, neuro-optometry, and peri-operative care. She partakes in clinical research and has served Externship Director and adjunct faculty for several schools and colleges of optometry. She is a member of Intrepid, a fellow in the American Academy of Optometry, a diplomate of the American Board of Optometry and served as both local and state officers within AOA.



Mike Cymbor, OD

Mike Cymbor, O.D. is an ocular disease lecturer and researcher and is published in numerous journals and publications. He is a managing partner at Nittany Eye Associates in State College, PA. He is the medical director of both the Glaucoma Institute and Dry Eye Institute of State College and a member of the Optometric Glaucoma Society. He is an adjunct clinical professor at the Pennsylvania College of Optometry (SALUS). He is a fellow in the American Academy of Optometry and an American Board of Optometry Diplomate.



Christopher Kuc, OD, FAAO

Christopher J. Kuc, O.D. FAAO, is the Medical Director at Medical Optometry America in Newtown Square, Pennsylvania. His clinical experience in ocular surface disease, glaucoma, emergency eye care and surgical co-management was refined with the experts at Chester County Eye Care Associates in West Chester, Pennsylvania and renowned doctors at Virginia Eye Consultants in Norfolk, Virginia in his past practice. He is a fellow of the American Academy of Optometry and a Diplomate of the American Board of Optometry.

Course Descriptions

MARRYING A LENS TO AN EYE: IOL MATCHMAKING

1 CE Hour

Christopher Kuc, OD, FAAO

Technology surrounding intraocular lenses and cataract surgery is changing at an astonishing rate. In order to provide state-of-the-art care to patients, a provider must be well versed in what advances are taking place. Pre-existing conditions, occupations and visual demands are all important considerations in order to match technologies to eyes that are most suitable to receive them. This course will focus on new technology in the IOL arena and how to provide a systematic evaluation and recommendation for each patient leading up to surgery.

MODERN MANAGEMENT OF DIABETIC RETINOPATHY IN PRIMARY EYE CARE

1 CE Hour

Mike Cymbor, OD *Speaker sponsored by LKC Technologies*

Optometrists have been managing diabetic retinopathy for decades. With this disease on the rise, it is incumbent on today's busy clinicians to take their diagnostic skills to the next level. This course highlights the importance of maximizing current technology while better understanding technologies that are gaining acceptance. Topics addressed include diabetic retinopathy, diabetic macular edema, diabetic macular ischemia, electroretinography, optical coherence angiography.

NEXT LEVEL MANAGEMENT OF GLAUCOMA

1 CE Hour

Mike Cymbor, OD *Speaker sponsored by LKC Technologies*

Optometrists have been managing glaucoma for decades. With its numbers on the rise, it is incumbent on today's busy clinicians to take their diagnostic skills to the next level. This course highlights the importance of maximizing current technology while better understanding technologies that are gaining acceptance. Topics addressed include glaucoma, ocular response analyzer, electroretinography, photopic negative response, optical coherence angiography.

DEMENTIA AND THE EYE

1 CE Hour

Christopher Kuc, OD, FAAO

This course will provide a review of the common causes of dementia or cognitive decline and how eye care providers should be involved in the care of these patients. An overview of Alzheimer's, vascular, frontotemporal and Lewy body dementia will be presented to enhance understanding of each patient type and mechanisms of each disease. The suprachiasmatic nucleus and its relation to circadian rhythm, dementia and cataract surgery will be discussed. Characteristic changes on OCT imaging and other diagnostic testing will be presented in view of recent literature, and how each practitioner should include these findings in their list of differentials.

OCULAR MANIFESTATIONS OF SYSTEMIC DISEASE

1 CE Hour

Christopher Kuc, OD, FAAO

The "eyes are the window to the soul" is a metaphor with some literal truth when we consider the implications of systemic diseases detectable in the eye. As primary eye health providers, optometrists are at the front lines of identifying and coordinating care for these diseases. This course will give an overview of common and uncommon systemic diseases affecting the eyes as well as the developments in technology, imaging systems and artificial intelligence utilizing the eye that may soon take on its own standing in modern medicine.

IS IT GLAUCOMA OR A MASQUERADER

2 CE Hours

Cecelia Koetting, OD, FAAO

When evaluating new patients to your practice or a previous patient, it is important to monitor optic nerve changes. When we see RNFL thinning and or visual field loss, we know we need to treat the patient for glaucoma. But what is the true underlying etiology? In this lecture we will explore the diagnostic and management differences between primary open angle and low tension glaucoma versus secondary glaucoma and other ONH changes.

OPIOIDS: OPTOMETRY AND PAIN MANAGEMENT DURING A DRUG EPIDEMIC

1 CE Hour

Cecelia Koetting, OD, FAAO

Learn about the growing influence of opioids in healthcare and our society and the role eye care providers play. Discuss how we can utilize best practices for its uses, as well as, alternative pain management approaches in eye care.

2024 Fall Conference Registration

Please complete the registration form and submit with payment to:

Mail To: VOA • P.O. Box 29069 • Henrico, VA 23242-0069

| | |
|--------------------------|--------------------------|
| Name for Badge: _____ | Nickname: _____ |
| Address: _____ | OE Tracker #: _____ |
| City: _____ | State: _____ Zip: _____ |
| Phone: _____ | Cell: _____ Email: _____ |
| Emergency Contact: _____ | Phone: _____ |

Registration Fees

(Includes all CE and meals listed below. Must register for meals by September 8, 2024. No exceptions.)

- ☐ **FREE** VOA OD or Student Member
- ☐ \$500 AOA Member
- ☐ \$875 NON VOA/NON AOA Member

The following events are included in your registration, please indicate which you will be attending:

Friday

- ☐ 7:00 - 9:00 pm Promotional Dinner *Sponsored by Johnson & Johnson* (Limited to 40 optometrists)
- ☐ 9:00 - 10:00 pm Welcome Reception & Exhibits *Sponsored by VSP*

Saturday

- ☐ 9:00 - 10:00 am Promotional Breakfast *Sponsored by Alcon*
- ☐ 12:45 - 2:15 pm Lunch & Learn *Sponsored by Dompe Medical*
- ☐ 3:00 - 5:00 pm Poolside Social
- ☐ 7:00 - 9:00 pm Picnic on the Lawn *Co-Sponsored by AbbVie/Allergan and Amgen*

Sunday

- ☐ 8:00 - 10:00 am Breakfast & Learn

Guests

- ☐ \$225 Spouse/Guest Registration (includes Friday Reception, Saturday Poolside Reception and Picnic on the Lawn)
Name of Spouse/Guest: _____
- ☐ \$125 Children 12 and Under (includes Friday Reception, Saturday Poolside Reception and Picnic on the Lawn)
Name(s) of Children: _____

Additional Options

\$125 x _____ Players for 9 Hole Golf Tournament *Sponsored by VSP*

Name(s) of Players: _____

\$_____ Optional Legal-Legislative Fund Contribution (\$250 suggested per O.D. for 2024)
To contribute to VOPAC, visit www.thevoa.org/vopac-llf (\$750 suggested per O.D. for 2024)

- ☐ \$50 Late fee per OD registration (Postmarked, or submitted online after August 20, 2024)

\$_____ Total Registration Fees Enclosed

Special Services to Comply with American Disabilities Act:

- ☐ Check if you need special services to fully participate. Attach a written description of needs so we may contact you.
Please notify the VOA by September 8, 2024.
- ☐ Dietary Considerations / Allergies: _____

REGISTER ONLINE
AT
WWW.THEVOA.ORG
/FALL
SEE CANCELTATION
POLICY ON PAGE 3
FOR FURTHER
DETAILS.

| | |
|--------------------------------|-----------------------------|
| Name on account (print): _____ | Exp. Date: ____/____ |
| Card Number: _____ | Credit Card CVV code: _____ |
| Billing Address: _____ | |
| City: _____ | State: _____ Zip: _____ |
| Signature (required) _____ | Authorized amount \$ _____ |

Registration, Information, & Conference Policies

CDC Guidelines for hosting meetings and events will be followed by the VOA at all times.

General Registration Fee includes access to all exhibits and social activities. The early bird deadline is August 20th, after this date there will be a \$50 late fee. The final pre-registration deadline is September 8th. All registration fees must accompany your registration form.

Spouse/Guest Registration is \$225 for guests 13 and older and \$125 for guests 12 and under. Registration includes Welcome Reception & Exhibits Friday night, Saturday's Poolside Reception and Picnic on the Lawn.

Continuing Education and Attendance All courses meet requirements for approval of CE credit by the Virginia Board of Optometry. The VOA assumes no responsibility for courses that are not approved by other state licensing boards. Verification outside the State of Virginia is the responsibility of the attendee. Reporting of course hours to a licensing board is the sole responsibility of the licensee. COPE approval is NOT required in Virginia and has NOT been arranged. No partial credit for any course will be given. To obtain credit you must attend the ENTIRE course. Attendance will be monitored to comply with Virginia licensing board regulations.

Course Cards and Course Evaluations will be electronic. Once you've scanned the QR code and entered your email address and OE Tracker number, your course verification will be emailed to you. Printed course cards will not be available. If your electronic device is not working please see the registration desk for assistance or to get a course card emailed to you. Please do NOT use the OE tracker app. Course Evaluations are an integral part in the VOA receiving Grants, so be sure to complete them as well.

Course Handouts Any handouts provided by the speaker will be emailed to you before the conference. We suggest printing or downloading what you will need for the courses you are attending ahead of time since we cannot promise the quality of the wi-fi connection with so many attendees. No printed handouts will be available.

Photography Disclaimer Virginia Optometric Association (VOA) reserves the right to use any photograph/video taken at any VOA Event without the expressed consent of those included within the photograph/video. VOA may use the photograph/video in publications or other media material produced, used, or contracted by VOA including but not limited to: meeting brochures, invitations, newsletters, VOA website, VOA Facebook page, etc. If you do not wish to have your image recorded for distribution, please contact the VOA at office@thevoa.org. By attending the VOA Event, or by failing to notify VOA of your desire to not be photographed, you are agreeing to release, defend, hold harmless and indemnify VOA from any and all claims involving the use of your picture or likeness.

Cancellation & Refund Policy All cancellations received before August 20th will be issued a full refund. Between August 20th and September 8th refunds will be assessed a \$30 processing fee. Requests must be in writing. No refunds for cancellation after September 8th.

Special Services In accordance with the Americans with Disabilities Act, please advise the VOA in writing by September 1st if you require special services to fully participate.

Terms & Conditions COVID-19 RELEASE & HOLD HARMLESS AGREEMENT: By registering and attending a Virginia Optometric Association (VOA) event/meeting you acknowledge that there is an unknown risk of exposure to COVID-19 through exposure to contaminated objects, as well as through personal contact. Such exposure carries with it a certain degree of risk that could result in illness, disability or death. You agree to release and hold harmless VOA, its staff, officers, and vendors from and against all claims of damages and liability resulting from exposure to COVID-19. Registrants/Attendees also warrant they are following all CDC guidelines.

The Virginia Optometric Association Fall Conference claims no liability for the acts of any attendee, supplier or speaker at this meeting or for the safety of any attendee while in transit to, from, or during this meeting. The Virginia Optometric Association Fall Conference reserves the right to cancel this function and/or individual courses without penalty.

The total amount of liability to the Conference will be limited to a refund of fees paid by the attendee.



P.O. Box 29069 • Henrico, VA 23242-0069

REMINDERS

August 20, 2024

Early Bird Deadline before \$50 late fee begins

September 8, 2024

Last Day to Register

VOA 9 Hole Golf Tournament

Saturday at 3:00 pm

Sponsored by VSP



Play the Omni Homestead Resort's Old Course, consistently ranked among the best golf courses in Virginia!

****Additional Fee Required: includes golf, 2 beverages, goodie bag and prizes****

2024 VOA PARTNER PROGRAM

PLATINUM

Alcon
SEE BRILLIANTLY

vsp vision

DIAMOND



Johnson & Johnson

GOLD



SILVER



BRONZE



WWW.THEVOA.ORG/FALL